

Fort Des Moines Little League Ground Rules

Covid-19 Amendment

The following amendment has been added to provide guidance for resuming play at Fort Des Moines Little League during the Covid-19 crisis. These rules are meant to supplement the guidance of the Iowa Department of Health (IDHP) and the CDC. These rules are subject to change in conjunction with proclamations issued by the governor and guidance provided by the IDHP. Rules are to remain in place until further notice.

1. The League Board of Directors will post signage prominently indicating no one should attend or participate in games if they have tested positive or are showing symptoms of COVID-19.
2. Players should use their own gloves, helmets, and bats as much as possible.
3. Players must bring their own water/beverage to consume during and after games and must be clearly marked with their name. No shared drinking fountains, water stations, or coolers may be used.
4. Sanitizing spray will be provided by the league, coaches must sanitize shared equipment after each use.
5. Anyone with symptoms of illness is not allowed to participate and should not enter the park.
6. Players and coaches are allowed to wear masks that do not interfere with play or safety.
7. Fans are encouraged to bring their own chairs or stand. Fans must practice social distancing between different household units and accept personal responsibility for public health guidelines.
8. The league will also implement any other reasonable measures under the circumstances ensure social distancing of members, players, and fans, increased hygiene practices, and other public health measures to reduce the risk of transmission of COVID-19 consistent with guidance issued by the Iowa Department of Public Health.
9. Fans must not attend if they have symptoms of illness and should not enter the park.
10. Non-compliance of these rules are subject to the FDMLL Conduct Amendment and possible dismissal from the league.

Updated 2/8/2022